

# NFC ACADEMY

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**FIRST GRADE DAILY LESSON PLANNER**

**HISTORY UNITS 1-5**

NFC ACADEMY | 3000 N. MERIDIAN ROAD, TALLAHASSEE, FL 32312

# NFC Academy Lesson Planner

## 1<sup>st</sup> Grade History Units 1 – 5

This NFC Academy Teacher Guide is designed to keep homeschool families on track for a completion during a school year program of approximately 180 days. Schedules may vary and the parent may adjust the teaching assignments as required by the home schedule, but all work must be completed. Information in this teacher guide comprises five units of study in a course and most units have 10 units for a full year. The parent may record the date each unit is completed or may plan out the unit's work and record the date to be completed. This Teacher Guide is a tool to assist the parent in meeting the educational goals for their child.

The following explanations to this Teacher Guide:

**Day:** The day of your school year from start date. It should take you 15-18 days to complete a unit and with 10 units per subject that results in the 180 days of the program.

**Date to Complete:** That can be used to record the date you completed the study, or may be best used by establishing the date for each lesson to be completed. You may do more than one lesson per day when you carry over a lesson to the next day's assignment, and make adjustments to ensure that your child has covered the material adequately. Flexibility can be made to fit your schedule, but most of the time a regular routine helps ensure that you stay on a track to finish as you planned.

**Teacher Notes:** Refers to the page number from the Teacher's Curriculum Guide that was sent to you. This is where you have the information needed to conduct each lesson.

**Student LIFEPAC:** The student work book that will correspond to the information from the Teacher Notes.

**Worksheet:** Refers to the worksheet for the assigned lesson located in the back of the Teacher's Guide. Page number is listed for the worksheet. Check to ensure that you use the worksheet for the page of the lesson in the Student Life Pac and Teacher's Guide lesson of the day.

**Bible:** Refers to the ten LIFEPAC first grade Bible work texts, that, using Scripture-based (in KJV) lessons, teach your students about God's creation, His love for all of His children, how we can pray, His desire for us to be good, His promise, many of the Old and New Testament Stories, Jesus our Savior and much more. To engage your young students in learning, these brightly illustrated work texts come with hands-on coloring activities as well as simple-to-read Bible verses and age-appropriate circle-the-answer questions.

**NFC Academy Resource Teacher:** You will be assigned an NFC Academy Resource teacher who will be available to answer your questions throughout your school year.

**Report Cards:** Report card grades will be created for each semester with the units 1-5 comprising the grades for the first reporting period. The second report period will be made up of units 6-10. Your NFC Academy Resource teacher will have the necessary paperwork for you to complete. Once you have completed the grades you will submit to your Resource teacher who will complete the report card grades for you. Report card grades will be available online using your RenWeb Parent Portal. Final report cards will be sent to you by the NFC Academy office.

**First Grade HISTORY Unit 1**

<b><u>Day</u></b>	<b><u>Date to Complete</u></b>	<b><u>Student LIFE PAC</u></b>	<b><u>Teacher's Guide</u></b>	<b><u>Assignments</u></b>
1	_____	I Am a Special Person – p. 1 1. Why Are You Special – p. 2	p. 22 p. 23-25	Complete the activities – p. 3 Worksheet 1 – TG – p. 61
2	_____	God Made You – p. 4	p. 26-27	Complete the activities – p. 4-5
3	_____	God Cares for You – p. 6	p. 28-29	Complete the activities – p. 6-7 Worksheet 2 – TG – p. 62
4	_____	You Are God's Child – p. 8 Prepare for self-test – p. 10	p. 30-32	Complete the activities – p. 8-10
5	_____	Self-Test 1 – p. 11	p. 33	Self-Test 1 – p. 11
6	_____	2. All About You – p. 12 Looking in a Mirror – p. 14	p. 34-36 p. 37-38	Complete the activities – p. 13 Complete the activities – p. 15 Worksheet 3 – TG – p. 63
7	_____	Your Own Family – p. 16	p. 39-40	Complete the activities – p. 17 Worksheet 4 – TG – p. 64
8	_____	Telling about Yourself – p. 18	p. 41-42	Complete the activities – p. 19 Worksheet 5 – TG – p. 65
9	_____	Draw, color, and write – p. 20 Prepare for self-test – p. 21	p. 43-44	Complete the activities – p. 20-21

## **First Grade HISTORY Unit 1**

<b><u>Day</u></b>	<b><u>Date to Complete</u></b>	<b><u>Student LIFEPAK</u></b>	<b><u>Teacher's Guide</u></b>	<b><u>Assignments</u></b>
10	_____	Self-Test 2 – p. 22	p. 45	Self-Test 2 – p. 22
11	_____	3. Acting Like a Special Person – p. 23	p. 46	
12	_____	Manners at Home – p. 24	p. 47-48	Complete the activities – p. 25
13	_____	Manners at School – p. 26	p. 49-50	Complete the activities – p. 27
		Manners in Church – p. 28	p. 51-52	Complete the activities – p. 29
				Worksheet 6 – TG – p. 66
14	_____	What would you say? – p. 30	p. 53-54	Complete the activities – p. 30-31
		Prepare for self-test – p. 31		
15	_____	Self-Test 3 – p. 32	p. 55	Self-Test 3 – p. 32
		Take Home Activity – p. 33 (Optional)	p. 56	
16	_____	Unit Test 101	p. 57-58	Unit Test 101
		Alternate Unit Test – TG – p. 67-68	p. 59	

### **Congratulations – This Unit Is Complete**

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## **First Grade HISTORY Unit 2**

<b><u>Day</u></b>	<b><u>Date to Complete</u></b>	<b><u>Student LIFE PAC</u></b>	<b><u>Teacher's Guide</u></b>	<b><u>Assignments</u></b>
1	_____	Let's Communicate – p. 1	p. 72-74	Complete the activities – p. 2-3
2	_____	1. Communicating with Sound – p. 4	p. 75-76	Complete the activities – p. 5
3	_____	Sounds People Make – p. 6	p. 77-80	Complete the activities – p. 6-7 Worksheet 1 – TG – p. 113
4	_____	Sounds That Communicate – p. 8	p. 81-82	Complete the activities – p. 9
5	_____	Seeing without Eyes – p. 10 Prepare for self-test – p. 11	p. 83-84	Complete the activities – p. 11
6	_____	Self-Test 1 – p. 12	p. 85-86	Self-Test 1 – p. 12 Worksheet 2 – TG – p. 114
7	_____	2. Communicating Silently – p. 13	p. 87-88	Complete the activities – p. 13
8	_____	Signs and Symbols – p. 14	p. 89	Complete the activities – p. 14 Worksheet 3 – TG – p. 115
9	_____	Symbols are letters or pictures – p. 15	p. 91-93	Complete the activities – p. 16-17 Worksheet 4 – TG – p. 116
10	_____	Communicating with Maps – p. 18 Communicating with Your Body – p. 20	p. 94-95 p. 96-97	Complete the activities – p. 18-19 Complete the activities – p. 20-21 Worksheet 5 – TG – p. 117

## **First Grade HISTORY Unit 2**

<b><u>Day</u></b>	<b><u>Date to Complete</u></b>	<b><u>Student LIFEPAK</u></b>	<b><u>Teacher's Guide</u></b>	<b><u>Assignments</u></b>
11	_____	A World without Sound – p. 22 Prepare for self-test – p. 23	p. 98-99	Complete the activities – p. 22-23
12	_____	Self-Test 2 – p. 24	p. 100	Self-Test 2 – p. 24
13	_____	3. Communicating with God – p. 25 God Communicates with You – p. 26	p. 101 p. 102-103	Complete the activities – p. 27
14	_____	Living with Jesus – p. 28 Talking to God – p. 30	p. 104-105 p. 106-107	Complete the activities – p. 28-29 Complete the activities – p. 31
15	_____	Circle the right word – p. 32 Prepare for self-test – p. 32	p. 108	Complete the activities – p. 32
16	_____	Self-Test 3 – p. 33  Prepare for unit test	p. 109	Self-Test 3 – p. 33  Worksheet 6 – TG – p. 118
17	_____	Unit Test 102  Alternate Unit Test – TG – p. 121-122	p. 110-111  p. 112	Unit Test 102

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### **First Grade HISTORY Unit 3**

<b><u>Day</u></b>	<b><u>Date to Complete</u></b>	<b><u>Student LIFEPAK</u></b>	<b><u>Teacher's Guide</u></b>	<b><u>Assignments</u></b>
1	_____	I Have Feelings – p. 1 1. I Feel Sad – p. 2	p. 124-125 p. 126-128	Complete the activities – p. 2-3 Worksheet 1 – TG – p. 169
2	_____	Jane Is Sick – p. 4	p. 129-130	Complete the activities – p. 5 Worksheet 2 – TG – p. 170
3	_____	Bob Is Little – p. 6	p. 131-132	Complete the activities – p. 6-7
4	_____	Some Days it Is Hard to Be Good – p. 8-9	p. 133-135	Complete the activities – p. 10-11
5	_____	On the way home from school – p. 12-14	p. 136-138	Complete the activities – p. 15
6	_____	What to Do When I Feel Sad – p. 16  Prepare for self-test – p. 17	p. 139-141	Complete the activities – p. 16-17 Worksheet 3 – TG – p. 171
7	_____	Self-Test 1 – p. 18	p. 142	Self-Test 1 – p. 18
8	_____	2. I Feel Afraid – p. 19 Times When I Feel Afraid – p. 20	p. 143 p. 144-146	Complete the activities – p. 21 Worksheet 4 – TG – p. 172
9	_____	The First Day – p. 22	p. 147-148	Complete the activities – p. 23

### **First Grade HISTORY Unit 3**

<b><u>Day</u></b>	<b><u>Date to Complete</u></b>	<b><u>Student LIFE PAC</u></b>	<b><u>Teacher's Guide</u></b>	<b><u>Assignments</u></b>
10	_____	What to Do When I Feel Afraid – p. 24-25  Prepare for self-test – p. 26	p. 149-150	Complete the activities – p. 26
11	_____	Self-Test 2 – p. 27	p. 151	Self-Test 2 – p. 27
12	_____	3. I Feel Happy – p. 28	p. 152-154	Complete the activities – p. 29-30
13	_____	Write 1, 2, and 3 to show what happens first, next, and last p. 31	p. 155-156	Complete the activities – p. 31  Worksheet 5 – TG – p. 173
14	_____	What to Do When I Feel Happy – p. 32  Prepare for self-test – p. 33	p. 157-158	Complete the activities – p. 33  Worksheet 6 – TG – p. 174
15	_____	Self-Test 3 – p. 34	p. 160	Self-Test 3 – p. 34
16	_____	4. I Feel Many Things – p. 35  I Feel Angry – p. 36	p. 161  p. 162	Complete the activities – p. 35  Complete the activities – p. 37
17	_____	I Feel Excited – p. 38  Prepare for self-test – p. 39	p. 163-164	Complete the activities – p. 39
18	_____	Self-Test 4 – p. 40-41  Prepare for unit test	p. 165	Self-Test – p. 40-41



**First Grade HISTORY Unit 3**

<b><u>Day</u></b>	<b><u>Date to Complete</u></b>	<b><u>Student LIFEPAK</u></b>	<b><u>Teacher's Guide</u></b>	<b><u>Assignments</u></b>
19	_____	Unit Test 103  Alternate Unit Test – TG – p. 175-176	p. 166-167  p. 168	Unit Test 103

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