NFC ACADEMY

FIRST GRADE DAILY LESSON PLANNER

SCIENCE – SAMPLE

NFC ACADEMY | 3000 N. MERIDIAN ROAD, TALLAHASSEE, FL 32312

NFC Academy Lesson Planner

1st Grade Science Units 1 – 5

This NFC Academy Teacher Guide is designed to keep homeschool families on track for a completion during a school year program of approximately 180 days. Schedules may vary and the parent may adjust the teaching assignments as required by the home schedule, but all work must be completed. Information in this teacher guide comprises five units of study in a course and most units have 10 units for a full year. The parent may record the date each unit is completed or may plan out the unit's work and record the date to be completed. This Teacher Guide is a tool to assist the parent in meeting the educational goals for their child.

The following explanations to this Teacher Guide:

Day: The day of your school year from start date. It should take you 15-18 days to complete a unit and with 10 units per subject that results in the 180 days of the program.

Date to Complete: That can be used to record the date you completed the study, or may be best used by establishing the date for each lesson to be completed. You may do more than one lesson per day when you carry over a lesson to the next day's assignment, and make adjustments to ensure that your child has covered the material adequately. Flexibility can be made to fit your schedule, but most of the time a regular routine helps ensure that you stay on a track to finish as you planned.

Teacher Notes: Refers to the page number from the Teacher's Curriculum Guide that was sent to you. This is where you have the information needed to conduct each lesson.

Student LIFEPAC: The student work book that will correspond to the information from the Teacher Notes.

Worksheet: Refers to the worksheet for the assigned lesson located in the back of the Teacher's Guide. Page number is listed for the worksheet. Check to ensure that you use the worksheet for the page of the lesson in the Student Life Pac and Teacher's Guide lesson of the day.

Science: Refers to the LIFEPAC first grade science work texts which are Bible-based and are complete with engaging illustrations and step-by-step lessons that will introduce your students to the senses, animals and plants, health, world, energy, machines, and more. Each LIFEPAC unit includes concept reviews, self-tests and one removable, teacher-administered unit test.

NFC Academy Resource Teacher: You will be assigned an NFC Academy Resource teacher who will be available to answer your questions throughout your school year.

Report Cards: Report card grades will be created for each semester with the units 1-5 comprising the grades for the first reporting period. The second report period will be made up of units 6-10. Your NFC Academy Resource teacher will have the necessary paperwork for you to complete. Once you have completed the grades you will submit to your Resource teacher who will complete the report card grades for you. Report card grades will be available online using your RenWeb Parent Portal. Final report cards will be sent to you by the NFC Academy office.

<u>Day</u>	Date to Complete	Student LIFEPAC	Teacher's Guide	<u>Assignments</u>
1-2		You Learn with Your Eyes – p. 1	p. 22-23	
		1. You See Color – p. 2	p. 24-25	Worksheet 1 – TG – p. 69
		You Name Some Colors – p. 3	p. 26-31	Complete the activities – p. 3-5
				Worksheet 2 – TG – p. 70
				Worksheet 3 – TG – p. 71
3		You Group by Color – p. 6	p. 32-33	Complete the activities – p. 7
				Worksheet 4 – TG – p. 72
4		Colors Can Help You – p. 8	p. 34-35	Complete the activities – p. 8
5		Use your eyes – p. 9	p. 36	Complete the activities – p. 9
		Prepare for self-test – p. 9		
6		Self-Test 1 – p. 10-11	p. 37-38	Self-Test 1 – p. 10-11
				Worksheet 5 – TG – p. 73
				Worksheet 6 – TG – p. 74
7		You See Shape – p. 12	p. 39-41	Complete the activities – p. 13
8		A square has four sides – p. 14	p. 42-43	Complete the activities – p. 14
				Worksheet 7 – TG – p. 75
		A triangle has three sides – p. 15	p. 44	Complete the activities – p. 15
				Worksheet 8 – TG – p. 76
9		You Group by Shape – p. 16	p. 45-46	Complete the activities – p. 17
			Page 2 of 10	

<u>Day</u>	Date to Complete	Student LIFEPAC	Teacher's Guide	<u>Assignments</u>
10		Shapes Can Help You – p. 18	p. 47-49	Complete the activities – p. 19
				Worksheet 9 – TG – p. 77
		Prepare for self-test – p. 20		
11		Self-Test 2 – p. 20-22	p. 50-51	Self-Test 2 – p. 20-22
				Worksheet 10 – TG – p. 78
12		3. You See Size – p. 23	p. 52	Complete the activities – p. 23
13		You Name Some Sizes – p. 24	p. 53-55	Complete the activities – p. 24-25
				Worksheet 11 – TG – p. 79
				Worksheet 12 – TG – p. 80
14		Color the wide door red – p. 26	p. 53-55	Complete the activities – p. 26
				Worksheet 13 – TG – p. 81
15		You Group by Size – p. 27	p. 56-57	Complete the activities – p. 27
				Worksheet 14 – TG – p. 82
		Size Can Change – p. 28	p. 58-59	Complete the activities – p. 28-29
16		Size Can Help You – p. 30	p. 60-62	Complete the activities – p. 30-31
10		Size can ricip rou p. 50	ρ. 00 02	
				Worksheet 15 – TG – p. 83
		Prepare for self-test – p. 31		

<u>Day</u>	Date to Complete	Student LIFEPAC	Teacher's Guide	<u>Assignments</u>
17		Self-Test 3 – p. 32-33	p. 63	Self-Test 3 – p. 32-33
		Prepare for unit test		
18		Unit Test 101	p. 64-65	Unit Test 101
		Alternate Unit Test – TG – p. 85-87	p. 66-67	

Congratulations – This Unit Is Complete

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<u>Day</u>	Date to Complete	Student LIFEPAC	Teacher's Guide	<u>Assignments</u>
1-2		You Learn With Your Ears – p. 1	p. 90-91	
		1. You Hear Sounds – p. 2-3	p. 92-94	Worksheet 1 – TG – p. 141
				Worksheet 2 – TG – p. 142
		Draw an animal for each sentence – p. 4	p. 95-96	Complete the activities – p. 4-5
				Worksheet 3 – TG – p. 143
3		Sound can tell about the weather – p. 6	p. 97-99	Complete the activities – p. 6-7
				Worksheet 4 – TG – p. 144
4		Sounds of People – p. 8	p. 100-103	Complete the activities – p. 8-9
				Worksheet 5 – TG – p. 145
5		People make sounds to praise God – p. 10	p. 104-106	Complete the activities –p. 10-11
		Prepare for self-test – p. 11		
6		Self-Test 1 – p. 12-13	p. 107-108	Self-Test 1 – p. 12-13
				Worksheet 6 – TG – p. 146
				Worksheet 7- TG - p. 147

<u>Day</u> <u>Date to Co</u>	omplete Student LIFEPAC	Teacher's Guide	<u>Assignments</u>
7-8	2. You Learn About Sounds – p. 14	4 p. 109	
	Sound Is Vibration – p. 15	p. 110-113	Complete the activities – p. 15-16
			Worksheet 8 – TG – p. 148
			Worksheet 9 – TG – p. 149
9	Sound Moves – p. 17	p. 114-116	Complete the activities – p. 17-18
10	Ears Catch Sound – p. 19	p. 117-119	Complete the activities – p. 19-20
			Worksheet 10 – TG – p. 150
11	Make a cone – p. 21	p. 120	Complete the activities – p. 21
	Prepare for self-test – p. 21		
12	Self-Test 2 – p. 22-23	p. 121-122	Self-Test 2 – p. 22-23
			Worksheet 11 – TG – p. 151
13	3. You Make Sounds – p. 24	p. 123-125	Complete the activities – p. 25
			Worksheet 12 – TG – p. 152
14	You Use Your Voice – p. 26	p. 126-128	Complete the activities – p. 26-27
			Worksheet 13 – TG – p. 153
15	You Move – p. 28	p. 129-131	Complete the activities – p. 29
16	You Make Music – p. 30	p. 132-134	Complete the activities – p. 31
	Prepare for self-test – p. 31		

<u>Day</u>	Date to Complete	Student LIFEPAC	Teacher's Guide	<u>Assignments</u>
17		Self-Test 3 – p. 32-33	p. 135-136	Self-Test 3 – p. 32-33
		Prepare for unit test		
18		Unit Test 102	p. 137-138	Unit Test 102
		Alternate Unit Test – TG – n. 155-157	p. 139-140	

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<u>Day</u>	Date to Complete	Student LIFEPAC	<u>Teacher's Guide</u>	<u>Assignments</u>
1		More About Your Senses – p. 1	p. 160	
		Smell and Taste – p. 2	p. 161-162	Complete the activities – p. 2-3
2		I Use My Nose to Smell – p. 4	p. 163-166	Complete the activities – p. 4-7
				Worksheet 1 – TG – p. 201
				Worksheet 2 – TG – p. 202
3		I Use My Tongue to Taste – p. 8	p. 167-169	Complete the activities – p. 8-9
				Worksheet 3 – TG – p. 203
4		Smell and Taste Go Together – p. 10	p. 170-171	Complete the activities – p. 10
				Worksheet 4 – TG – p. 204
		Prepare for self-test – p. 10		
5		Self-Test 1 – p. 11	p. 172	Self-Test 1 – p. 11
6		2. Touch: The Sense of Feeling – p. 12	p. 173-174	
		I Feel My Skin – p. 13	p. 175-176	Complete the activities – p. 12-13
				Worksheet 5 – TG – p. 205
7		Use your fingers to find out – p. 14	p. 177-178	Complete the activities – p. 14-16
				Worksheet 6 – TG – p. 206

<u>Day</u>	Date to Complete	Student LIFEPAC	Teacher's Guide	<u>Assignments</u>
8		You feel wet and dry – p. 17	p. 179-183	Complete the activities – p. 17-19
				Worksheet 7 – TG – p. 207
				Worksheet 8 – TG – p. 208
9		Touch Can Help Me – p. 20	p. 184-185	Complete the activities – p. 20-21
				Worksheet 9 – TG – p. 209
10		I Feel Pain – p. 22	p. 186-187	Complete the activities – p. 22-23
				Worksheet 10 – TG – p. 210
		Prepare for self-test – p. 23		
11		Self-Test 2 – p. 24-25	p. 188	Self-Test 2 – p. 24-25
12		3. The Senses: A Review – p. 26	p. 189-190	Complete the activities – p. 26-27
				Worksheet 11 – TG – p. 211
13		Circle the things you can see and hear – p. 28	p. 191-193	Complete the activities – p. 28-29
				Worksheet 12 – TG – p. 212
14		My Senses Send Messages to My Brain – p. 30	p. 194-195	Complete the activities – p. 30-31
				Worksheet 13 – TG – p. 213
15		God Has a Good Plan – p. 32	p. 196	Complete the activities – p. 32
		Prepare for self-test – p. 32		

<u>Day</u>	Date to Complete	Student LIFEPAC	<u>Teacher's Guide</u>	<u>Assignments</u>
16		Self-Test 3 – p. 33	p. 197	Self-Test 3 – p. 33
		Prepare for unit test		
17		Unit Test 103	p. 198-199	Unit Test 103
		Alternate Unit Test – TG – p. 215-216	p. 200	

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